

2018 October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Yoga Pro Active 8:45am Zumba 5:45pm	2 Strength& Conditioning 9:30am Bare Blend 6:30pm	3 Strength& Conditioning 9:30am Zumba 5:30pm	4 Barre Blend 6:30pm	5	6 Zumba Toning 9:30am
7	8 Yoga Pro Active 8:45am Zumba 5:45pm	9 Strength& Conditioning 9:30am Bare Blend 6:30pm	10 Strength& Conditioning 9:30am Zumba 5:30pm	11 Barre Blend 6:30pm	12	13 Zumba 9:30am
14	15 Yoga Pro Active 8:45am Zumba 5:45pm	16 Strength& Conditioning 9:30am Bare Blend 6:30pm	17 Strength& Conditioning 9:30am Zumba 5:30pm	18 Barre Blend 6:30pm	19	20 Zumba Toning 9:30am
21	22 Yoga Pro Active 8:45am Zumba 5:45pm	23 Strength& Conditioning 9:30am Bare Blend 6:30pm	24 Strength& Conditioning 9:30am Zumba 5:30pm	25 Barre Blend 6:30pm	26	27 Zumba 9:30am
28	29 Yoga Pro Active 8:45am Zumba 5:45pm	30 Strength& Conditioning 9:30am Bare Blend 6:30pm	31 Strength& Conditioning 9:30am Zumba 5:30pm	1	2	3