

# 2018 September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Yoga Pro Active Stretch & Flex 8:45am  Zumba 5:45PM	28 Strength & Conditioning 9:30am  Barre Blend 6:30pm	29 Strength & Conditioning 9:30AM  Zumba 5:30pm	30 Barre Blend 6:30	31	1 Zumba Toning 9:30AM
2	3 <b>LABOR DAY NO CLASSES</b>	4 Strength & Conditioning 9:30am  Barre Blend 6:30pm	5 Strength & Conditioning 9:30AM  Zumba 5:30pm	6 Barre Blend 6:30	7	8 Zumba 9:30AM
9	10 Yoga Pro Active Stretch & Flex 8:45am  Zumba 5:45PM	11 Strength & Conditioning 9:30am  Barre Blend 6:30pm	12 Strength & Conditioning 9:30AM  Zumba 5:30pm	13 Barre Blend 6:30	14	15 Zumba Toning 9:30AM
16	17 Yoga Pro Active Stretch & Flex 8:45am  Zumba 5:45PM	18 Strength & Conditioning 9:30am  Barre Blend 6:30pm	19 Strength & Conditioning 9:30AM  Zumba 5:30pm	20 Barre Blend 6:30	21	22 Zumba 9:30AM
23	24 Yoga Pro Active Stretch & Flex 8:45am  Zumba 5:45PM	25 Strength & Conditioning 9:30am  Barre Blend 6:30pm	26 Strength & Conditioning 9:30AM  Zumba 5:30pm	27 Barre Blend 6:30	28	29 Zumba Toning 9:30AM
30	1	2	3	4	5	6