

2017 DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	01	02
					Boot Camp 9:30 AM	Zumba Toning 9:30 AM
03	04	05	06	07	08	09
	Yoga Pro Active Stretch & Flex 8:45 AM Zumba 5:30 PM	Boot Camp 5:30 PM Barre Class 6:30 PM	Boot Camp 9:30 AM Zumba 5:30 PM	Abs & Core Class 5:30 PM Yoga 6:15 PM	Boot Camp 9:30 AM	Zumba 9:30 AM
10	11	12	13	14	15	16
	Yoga Pro Active Stretch & Flex 8:45 AM Zumba 5:30 PM	Boot Camp 5:30 PM Barre Class 6:30 PM	Boot Camp 9:30 AM Zumba 5:30 PM	Abs & Core Class 5:30 PM Yoga 6:15 PM	Boot Camp 9:30 AM	Zumba Toning 9:30 AM
17	18	19	20	21	22	23
	Yoga Pro Active Stretch & Flex 8:45 AM Zumba 5:30 PM	Boot Camp 5:30 PM Barre Class 6:30 PM	Boot Camp 9:30 AM Zumba 5:30 PM	Abs & Core Class 5:30 PM Yoga 6:15 PM	Boot Camp 9:30 AM	Zumba 9:30 AM
24	25	26	27	28	29	30
Closed	Merry Christmas!	Hours May Vary	Boot Camp 9:30AM Zumba 5:30PM	ABS and Core Class 5:30 PM Yoga 6:15 PM	Boot Camp 9:30AM	Zumba Toning 9:30AM
31	01	02	03	04	05	06