

2017 OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 Yoga Pro Active Stretch & Flex 8:45 AM ZUMBA 5:30	03 Boot Camp 5:30 PM BARRE CLASS 6:30 PM	04 Boot Camp 9:30AM ZUMBA 5:30PM	05 ABS & Core Class 5:30pm Yoga 6:15pm	06 Boot Camp 9:30 AM	07 ZUMBA 9:30AM
08	09 Yoga Pro Active Stretch & Flex 8:45 AM ZUMBA 5:30	10 Boot Camp 5:30 PM BARRE CLASS 6:30 PM	11 Boot Camp 9:30AM ZUMBA 5:30PM	12 ABS & Core Class 5:30pm Yoga 6:15pm	13 Boot Camp 9:30 AM	14 ZUMBA TONING 9:30AM
15	16 Yoga Pro Active Stretch & Flex 8:45 AM ZUMBA 5:30	17 Boot Camp 5:30 PM BARRE CLASS 6:30 PM	18 Boot Camp 9:30AM ZUMBA 5:30PM	19 ABS & Core Class 5:30pm Yoga 6:15pm	20 Boot Camp 9:30 AM	21 ZUMBA 9:30AM
22	23 Yoga Pro Active Stretch & Flex 8:45 AM ZUMBA 5:30	24 Boot Camp 5:30 PM BARRE CLASS 6:30 PM	25 Boot Camp 9:30AM ZUMBA 5:30PM	26 ABS & Core Class 5:30pm Yoga 6:15pm	27 Boot Camp 9:30 AM	28 ZUMBA TONING 9:30AM
29	30 Yoga Pro Active Stretch & Flex 8:45 AM ZUMBA 5:30	31 Boot Camp 5:30 PM BARRE CLASS 6:30 PM	01 Boot Camp 9:30AM ZUMBA 5:30PM	02 ABS and Core Class 5:30pm Yoga 6:15pm	03 Boot Camp 9:30 AM	04 ZUMBA 9:30AM
05	06	07	08	09	10	11